



# THE HULL & EAST RIDING KARATE ACADEMY

## Certificate of Achievement 2019

### Sporting Excellence in Karate

#### National Level

## Caitlin MacKee

This is to certify that Caitlin MacKee is a member of the Hull & East Riding Karate Academy Elite Squad and has achieved the standard of Sporting Excellence in Competition Sport Karate in both Kata and Kumite. Caitlin competed at National Championships throughout England in 2019 winning the medals and titles listed below:-

### Championship Success - 3 Gold 1 Silver 5 Bronze

#### Yorkshire Open Championships - 10<sup>th</sup> February, Barnsley

Bronze - Individual Kumite

#### Shindo Kai Championships - 24<sup>th</sup> March, Barnsley

Gold - Individual Kata

Silver - Individual Kumite

Bronze - Pairs Kata

#### Shindo Kai Grass Roots Championships - 30<sup>th</sup> June, Barnsley

Gold - Individual Kumite

Gold - Team Kumite

#### Wado UK Championships - 1<sup>st</sup> September, Hull

Bronze - Individual Kumite

Bronze - Team Kata

Bronze - Pairs Kata



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Congratulations on your sporting achievements throughout 2019. Well done Caitlin.

Sensei Wayne Clarke 3<sup>rd</sup> Dan  
Head Coach - The Hull & East Riding Karate Academy



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